

MSI Rules for Fall 2025

Rec

1. **Referees should arrive 15 minutes before kickoff time.**
 2. 3rd and 4th grade (7v7) play 25-minute halves.
 3. 5th and 6th grade (9v9) play 30-minute halves.
 4. 7th grade and up (11v11) play 35-minute halves.
 5. HSB and HSG playing 9v9 play 35-minute halves.
 6. One referee for all games.
 7. No slide tackling in 3rd – 6th grade (7v7 and 9v9).
 8. **Roster check for all 11v11 games.**
 - a. **Coaches should show the team roster on the PlayMetrics app.**
 - b. Players arriving late must check in with the referee at half time.
 9. Build-out lines for all 3rd and 4th grade (7v7) games (see below for details).
 10. Home team provides match ball and change of jersey if colors clash (pinnies are ok).
 11. Substitution rules (unlimited number of subs):
 - a. All subs must be at the halfway line prior to entering the field
 - b. Prior to a throw-in by either team, only when the team in possession chooses to substitute
 - c. Prior to a kick-off by either team
 - d. Prior to a goal-kick by either team
 - e. Prior to a corner-kick by either team (for 11v11, only if the team in possession chooses to substitute)
 - f. On an injury; opposing team may substitute the same amount of players.
 12. Issuance of a yellow card, the player must leave the game immediately and sit out for 5 minutes.
 13. No heading for 3rd to 6th grade (7v7 and 9v9).
 14. To field a team, each side is required to have the following minimum number of players:

7 v 7	5 players
9 v 9	6 players
11 v 11	7 players
- The start of the game may be delayed by the referee for up to 15 minutes to allow a team to obtain the minimum number of players, however the clock will start at the scheduled game time. When both teams have at least the minimum number of players, the game must start, even if one side has fewer players on the field.
15. If a referee terminates a game because of field or weather conditions, it will be considered a complete game if the first half has been completed.
 16. **Within 24 hours of the game, the referee (center referee) should complete the game evaluation form.**